

# InStyle

**Kate Hudson**  
On Her New Man,  
New Baby  
& New Body

**10 WAYS  
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DOWN**  
Without  
Really  
Trying

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Life, etc.

# Q&A

**Q** Using disposable plates and napkins in the summer is convenient—but are there any that look remotely chic?

**A** Why, we wonder, did it take so long for an elegant paper plate to come our way? Wasara's single-use plates and cups, designed in Japan and made of biodegradable sugarcane fibers, bamboo, and reed pulp, will elevate the presentation at any barbecue. And these fabulous disposable napkins, made of cotton fibers, come on a perforated roll—in 22 eye-popping colors.



Biodegradable tableware, Wasara, starting at \$9/set of 12; joannehudson.com.



Cotton luncheon napkins in Midnight Blue, My Drap, \$26/roll of 25; buymydrap.com.

Tear here!



Fade Print table mats in Aruba (top) and Slate, Chilewich, \$17 each; chilewich.com.

## love it!

### TIE-DYE PLACE MATS

They look like hand-dipped textiles, but these mats by design guru Sandy Chilewich are actually made of durable, easy-to-clean vinyl.

**Q** What's a more updated alternative to a traditional candelabra for my dining table?

**A** Forget the old-school Liberace centerpiece. You can add drama to your next dinner party with all kinds of creative new candleholders, from exotic designs to slick silvery vessels. If the size of your table permits, display your favorite choice in multiples for extra impact and striking symmetry.



**MOORISH**  
Porcelain Moroccan lantern, Plantation, \$95; plantationdesign.com.



**MODERN**  
Steel trolley double lantern, Lazy Susan USA, \$230; lazysusanusa.com.

**RUSTIC**  
Elm Staggered Pillars piece, the Home Port Collections, \$72; thehomeport.com.

**Q** I'm finally ready to invest in some great bedding. Any suggestions?

**A** It's hard to beat the elegance and versatility of an all-white bed, but you don't want it to be bland, either. So first, look for high-quality snowy sheets, like Pottery Barn's 700-thread-count cotton set, an excellent value starting at \$199 (potterybarn.com). Then, introduce a bit of seasonal color with patterned pillow cases or a soft throw at the foot of the bed that you can swap out on a whim.

TRY  
A HINT OF  
POWDER  
BLUE FOR  
SUMMER



From top: Cotton Syrie pillowcase, Jonathan Adler, \$45/2; jonathanadler.com. Linen quatrefoil-print Euro sham, Cococozy, \$370/26" x 26"; shop.cococozy.com. Mohair throw, Yves Delorme, \$240; 800-322-3911 for stores.